



Step 1 • Clean a small area of the skin on the elbow crease or the back of the arm (forearm). When the test area is dry peel off the back and apply the test patch.

Step 2 • Press down the test patch making sure there are no creases or pockets for any of the products to leak.

Step 3 • Peel off the bottom protective layer using the blue strip.

Step 4 • Repeat with the top blue strip.

Step 5 • Leave the patch on for at least 24 to 48 hours.

Analysing skin patch test results

Results may be either "positive" or "negative". A positive skin test my mean that you are sensitive to one of the applied products. Larger welts usually indicate a greater degree of sensitivity. A negative skin test means that you are probably not sensitive to the particular applied product.

Results

No Reaction (no redness, swelling, itching) - Negative skin test. The skin patch test did not present any signs of irritation or sensitivity.

Mild to Moderate or Severe Reaction (Redness, swelling, itching) – Positive skin test. Please consult me of any positive results, stating which number it corresponds to on the test patch. If you suffer from a severe reaction consult your doctor as soon a possible.

Please note • I am unable to proceed with the procedure if the skin patch test is positive. You will need to consult your doctor before proceeding with the treatment.