

**DERMAPLANING AFTERCARE**

Follow these steps to take care of your skin after having dermaplaning

Stay hydrated by drinking plenty of water

No makeup for 24 hours

Avoid products containing exfoliating agents for 7 days

Avoid sun exposure for 3 days post treatment; if unavoidable, wear high SPF

Avoid excessive heat for 3 days

Avoid chlorine for 24 hours

No facial waxing for 7 days

No dermal fillers or Botox for 2 weeks

Apply daily moisturiser/serum as absorption levels will be elevated

You may experience slight peeling / slight windburn sensation and/or blotchiness- this is normal

Skincare may tingle or slightly burn for a couple of days – if irritation occurs wait another couple of days for skin to adjust